

MIDWINTER NATURIST FESTIVAL, FEBRUARY 15-20, 2018

Breakfast 7:30- 9:00 AM Lunch: Noon – 1:30 PM Supper: 5:30 – 7:00 PM

THURSDAY, 2/15/2018

		1:30	Raising Children as Naturists - Morley Schloss - Orchid Lawn <i>Benefits & issues of raising children as naturists. Children's family youth camp.</i>
9:00	OPENING FRIENDSHIP CIRCLE - Clubhouse Lawn		
10:00	First Time & Other Interesting Nude Experiences - George Winlock - Clubhouse Lawn <i>Share your experiences.</i>	1:30	Mosquito Control - Chris Reisinger - Clubhouse Lawn <i>Protecting yourself from mosquitos in South Florida.</i>
10:00	Water Aerobics - Bernie & Carolyn Roche - Pool <i>Stretching, cardiac strengthening, and deep breathing.</i>	1:30	Children's Activity: Scavenger Hunt - Swann - Playground
10:00	Learning From Our Primal Past I: The Great Forgetting - Don VandeKrol - Orchid Lawn <i>Have we forgotten knowledge gained from 200,000 years of experiences?</i>	2:30	Involving Young Adults & Families in Naturism - Morley Schloss - Clubhouse Lawn <i>People aged 18-30 do become active naturists - a successful model for offering what young adults and families want.</i>
10:00	Basic Photography - Rich Pasco - Butterfly Garden <i>What your digital camera's manual probably won't tell you, but you still should know.</i>	2:30	Stupid Design, Why Are We Still Here? - Robert Pickman - Clubhouse Lounge <i>Video takes a look at our universe, our solar system, our world and presents another theory of why we are here.</i>
10:00	The Sun, Friend or Foe? - Bob Farnell - Island <i>Ratings and prices of more than 70 Sunscreen products, samples. Feel them, smell them, try them, make your choice.</i>	2:30	Exercises Using Body Weight Only (easy) - Morris Gelman - Orchid Lawn <i>Exercises using body weight only - Calisthenics, core exercises, jumping exercises, lunges, planks and others. Bring a mat & water.</i>
10:00	Infinity Breath Meditation I - Michael Bootzin - Serenity Garden <i>Activating the Imaginarium through visualizations and breath. The path of intention through 10 bodily regions.</i>	2:30	Singles Meet & Greet - George Winlock - Butterfly Garden <i>Get to know other single nudists.</i>
10:00	Children's Activity: Freeze Tag - Swann - Playground		
11:00-12:30	Silver Screen Classics: Sieben Sommersprossen (Seven Freckles) - Len Summers - Pavilion <i>Two teens in summer camp find romance and are in a self-made performance of Romeo and Juliet.</i>	2:30	Vipassana Meditation - Marty Menane - Serenity Garden <i>Practice this ancient meditation technique that uses the vibrations within your body as your area of focus.</i>
11:00	On Being Human I - Woodland Sage - Island <i>The purity of nudity.</i>	2:30	Beginning Chess - Michael Bootzin - Restaurant Deck <i>An introduction to checkmates, openings and basic strategy. (8 & up)</i>
11:00	Essential Oils for Well Being Head to Toe - Paula Knudsen - Butterfly Garden <i>Using oils to benefit your life in every way from physical well being to emotional well being.</i>	2:30	Children's Activity: Pool Fun & Ice Cream Social - Angel Frazier, Swann - Pool, Restaurant Deck
11:00	Tantric Breathing: The Breath of Love - Alice & Dunbar Susong - Serenity Garden <i>Vigorous belly breathing exercise with tantric body movements & vocalization done solo & blindfolded in a supine position. Bring a large towel, 2 pillows & water.</i>	3:30	Let the World Know - Bill Pacer, LaDonna Allison - Clubhouse Lawn <i>Exchange stories of being public naturists.</i>
11:00	Being a Photographer's Model - LaDonna Allison, Bill Pacer - Orchid Lawn <i>Techniques & practice. Photographers welcome.</i>	3:30	West African Drumming - John Dodge, Forest Holmes-Dodge - Campfire Area <i>Learn the rhythm parts that create an African dance. Play in the following African dance class.</i>
11:00	In Every Dog Beats the Heart of a Grey Wolf - Bill Cannon - Clubhouse Lounge <i>Explore the social nature of the gray wolf and the seemingly strange behaviors of our dogs.</i>	3:30	The Joy of Journaling - Darrell & Nancy Casey - Serenity Garden <i>A tool to plant the seeds of transformation.</i>
11:00	Children's Activity: Catch & Release Fishing - Hank Key - Dock		
12:00	Children's Activity: Shell Painting & Shell Necklaces - Tom Blackhawk Caffrey, Judy Woods - Playground		
1:30	Testosterone - Looking Good at 100 - John Dodge - Butterfly Garden <i>What we can do to maintain optimal functioning as we age. Why some foods are dangerous and sunlight exposure is important. Men & Woman welcome.</i>	3:30	Introduction to Healing Touch - Michael Raymond - Orchid Lawn <i>A hands-on introduction to the human energy system including the energy centers, energy fields, and meridians.</i>
1:30	The Bare Facts of Healthy Laughter - Darrell & Nancy Casey - Serenity Garden <i>Experience healthful effects on mind, body, heart and spirit.</i>	3:30	Answers to Life's Questions from the 5th Dimension - Liz Ciencin - Butterfly Garden <i>Four unknown facts of reality which will change the way we experience life as we know it.</i>
1:30	Make a Pair of Earrings - Maureen Grady - Meet at Restaurant Deck <i>Beads provided. Pick your colors & create your earrings.</i>	3:30	Paper Mache Majik - Paula Knudsen - Playground <i>Create something magic for your home.</i>
1:30	Sound Bath/Sound Therapy - Jake Jones - Pavilion <i>Receive a sonic sound bath rich in harmonics through dideridoo and handpan to achieve a deep meditative state.</i>	3:30	Children's Activity: Canuding & Kayaking - Blair Brumley - Campfire Area
		4:30	Good Luck, Bad Luck - Faerie Elaine Silver, James the Beloved - Orchid Lawn <i>Circle sharing.</i>
		4:30	Palmistry - Blue Evans - Butterfly Garden <i>The lines in your hands are as unique as your DNA.</i>
		4:30	Water Flotation Exercise for Couples - Alice & Dunbar Susong - Pool <i>Support your floating partner as you breathe with them and stretch and rock them into a Yab Yum state of bliss.</i>

4:30	West African Dance - John Dodge, Forest Holmes-Dodge - Campfire Area <i>Basic African dance movements designed to build your body and your spirit.</i>	9:00	Theater Arts for All Ages - Michael Bootzin - Butterfly Garden <i>Skits read and improv games that expand your expression.</i>
4:30	Love Languages - Morley Schloss - Restaurant Deck <i>Enhance your relationships by discovering your own and your partner's desired expressions of love. Experiential.</i>	10:00	Walk the Labyrinth - Cat Field - Labyrinth <i>Meditation, then walk the labyrinth.</i>
4:30	Ashtanga Yoga - Michael Bootzin - Pavilion <i>The Mysore practice of meditation through movement. (8 & up.)</i>	10:00	Water Aerobics - Bernie & Carolyn Roche - Pool <i>Stretching, cardiac strengthening, and deep breathing.</i>
4:30	Children's Activity: Clap Ball - Swann - Playground	10:00	Learning From Our Primal Past II - The Call of the Wild - Don VandeKrol - Orchid Lawn <i>Is naturism a response to the control and domination of our civilization?</i>
7-9:00	Silver Screen Classics With Nudity: Seconds - Len Summers - Clubhouse <i>An unhappy middle-aged banker agrees to a procedure that will fake his death and give him a completely new identity.</i>	10:00	Infinity Breath Meditation II - Michael Bootzin - Serenity Garden <i>Activating the Imaginarium through visualizations and breath. Finding your Mantra.</i>
7:00	Natural Ben (performance) - Bill Pacer, LaDonna Allison - Pavilion <i>Benjamin Franklin loved "air baths," but has a birthday surprise when naturist friends visit to listen to his memories.</i>	10:00	Tie Dye for All Ages - Don Sanborn - Playground <i>Create your own tie-dye t-shirt! \$6 shirt provided, \$3.00 w/your shirt, children's shirts free.</i>
7:00	Children's Activity: Campfire with Snacks & Games - Hankie, The Clown - Campfire Area	11-12:45	Silver Screen Classics with Nudity: Shaun the Sheep (for All Ages) - Len Summers - Pavilion <i>A mischievous sheep decides to take the day off from the farm, leading to misadventures in the big city.</i>
8-10:00	Square Dance for All Ages - Morley Schloss - Pavilion <i>Fun square dances with caller. No experience necessary.</i>	11:00	On Being Human II - Woodland Sage - Island <i>Sexual energy that inspires.</i>
9-12:00	Campfire Drum Circle with Dancing - Javier Wilches - Campfire Area	11:00	Transformational Meditation - Darrell & Nancy Casey - Serenity Garden <i>Use your breath to connect with inner wisdom and improve your physical, emotional and mental health.</i>
9:00	The Turning Point: A Return to Community (movie) - Don VandeKrol - Clubhouse <i>The Findhorn Ecovillage in Scotland is a leader in creating a life-sustaining society.</i>	11:00	Intro to Buugeng (s-staff) - Jake Jones - Butterfly Garden <i>Learn some basic flow moves with hypnotic buugeng.</i>
10-12:00	United Natures - A United Nations of All Species (movie) - Don VandeKrol - Clubhouse <i>Documentary featuring the Rights of Mother Earth, wild law, ecocide, sustainability and environmental philosophy.</i>	11:00	Choices: Values In Relationship Game - Morley Schloss - Restaurant Deck <i>Discover/clarify what values are important to you in establishing or enhancing a relationship.</i>
10:00	Mysteries of Ancient Technologies in Egypt, Peru, & Bolivia (slide show) - David Lewis - Pavilion <i>Evidence in Egypt, Peru, and Bolivia of stonework and machined stonework from ancient societies.</i>	11:00	Personal Energy - Kurt Strickland - Orchid Lawn <i>Identifying, understanding and increasing your personal energy levels. Includes hugging.</i>
11:00	Nude Activities in Germany, & Abroad (slide show) - Rainer Budde, Horst Jerina - Pavilion <i>Landscapes, contacts with textiles, law, contacts with police.</i>	1:30	Beach Ambassador Program - Ken Tauer, Paul Friderich, Francine Weissman, Ruth Lefler - Clubhouse Lawn <i>Keeping a beach open, educate, beach etiquette, approaching offenders. Become a beach ambassador.</i>
	FRIDAY, 2/16/2018	1:30	Living as an Empath - Love Byrd - Pavilion <i>What is an empath? Are you an empath? Identifying the traits of an empath leading to a better understanding of ourselves or those we love.</i>
7:00	Meditation - Cat Field - Serenity Garden <i>A centering meditation to bring you into alignment for the day ahead.</i>	1:30	Exotic Friut Tasting - John Dodge - Restaurant Deck <i>Taste some interesting tropical fruits of which you may have never heard.</i>
7:00	Tai Chi - Michael Bootzin - Orchid Lawn <i>Moving meditation to strengthen balance & focus. (10 & up)</i>	1:30	Native Americans of Florida - Tom Blackhawk Caffrey - Serenity Garden <i>History, traditions, lifestyles.</i>
8:00	Be a Gumby: Easy Stretches - David Ireland - Orchid Lawn <i>Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.</i>	1:30	Healthy & Unhealthy Touch - Michael Bootzin - Orchid Lawn <i>A facilitated conversation on communicating boundaries.</i>
9-11:00	Our Bodies, Our Selves - George Winlock, LaDonna Allison - Pavilion <i>We are all anatomically correct and should not be ashamed of looking at ourselves and others. Experiential.</i>	1:30	Kayaking - Michael Shaw - Campfire Area <i>Entering the kayak, paddling, turning practice.</i>
9:00	Yoga Practice - Susan Shopiro - Orchid Lawn <i>Yogis' choice: Bone Health, Hatha or Yoga Therapy</i>	1:30	Children's Activity: Relay Races - Swann, Craig Summey - Orchard
9:00	South Florida Ecological Systems - Michael Jordan - Serenity Garden <i>Southern Florida's environment and human impact from Kissimmee River to the Keys.</i>	2:30	Keeping Our Values - Rich Pasco - Clubhouse Lawn <i>Managements of few nudist resorts have alienated naturist members by marketing to the "swinger" lifestyle. What homeowners can do to preserve their values.</i>
9:00	Sprouting - John Dodge - Restaurant Deck <i>Learn which seeds can be sprouted, easy sprouting and storing techniques, recipes, demo, samples to eat.</i>	2:30	The Art of Listening - Paul Hugens - Island <i>An introduction to this powerful means of communication.</i>
9:00	Memoir & Legacy I - Michael Raymond - Clubhouse Lawn <i>Interactive discussion of memories and reflections on becoming involved in the Naturist Lifestyle and its impact.</i>	2:30	Swing Dance Instruction - Don Sanborn - Pavilion <i>Intro to the 6 step / East Coast Swing dance. Easy to learn; a dance you can use nearly 50% of the time!</i>
		2:30	Paper Mache Majik - Paula Knudsen - Playground <i>Create something magic for your home.</i>

- 2:30 **Puja** - Darrell & Nancy Casey - Serenity Garden
Mostly non-verbal introduction to tantra & each other.
- 2:30 **Soak Up the Sun Safely** - Bob Farnell - Orchid Lawn
Ratings and prices of more than 70 Sunscreen products, samples. Feel them, smell them, try them, make your choice.
- 2:30 **Basic Digital Photography** - David Lewis - Butterfly Garden
From point & shoot to cell phone to DSLR we'll help participants with their cameras and questions.
- 2:30 **Children's Activity: Pool Fun & Ice Cream Social** - Angel Frazier, Craig Summey - Pool, Restaurant Deck
- 3:30 **A Gathering of Divine Beings** - Faerie Elaine Silver, James the Beloved - Serenity Garden
Come together to share and to be heard using simple, ancient ritual in a sacred space. If desired, bring item for an altar.
- 3:30 **Ashtanga Yoga** - Michael Bootzin - Pavilion
The Mysore practice of meditation through movement. (8 & up.)
- 3:30 **Fun with Feng Shui** - Sally Thurston - Butterfly Garden
Sketch the floor plan of your home, ID areas that correlate with your wealth, well-being, and relationships; cures to enhance all.
- 3:30 **Christianity & Naturism - Not Mutually Exclusive** - Bruce Frensdahl - Island
Does the Bible condone or condemn nudity? Are there Christians who practice naturism?
- 3:30 **Sun Prints** - Michael Jordan - Clubhouse Lawn
Using same process as old fashion blue prints, make shadow prints of various objects using the sun.
- 3:30 **Amateur Radio Demonstration & SIG Meeting** - Larry Weil - Tennis Shelter
Set up and operate a ham radio station and attempt to talk with nudist ham radio stations and others around the world.
- 3:30 **Reiki Energy Share for All Ages** - Swann - Orchid Lawn
Introduction to Reiki healing.
- 4:30 **Circle Dance** - Diarmid - Pavilion
Traditional and modern dances from many countries. - no partner required, no need to be able to dance.
- 4:30 **Transformational Rhythms** - Cliff Harmon, Therese Frazier - Campfire Area
The healing and community-building gift of drumming to a common rhythm!
- 4:30 **What Makes You You?** - Jim Dickey, Carmen Hamm, Nicky Hoffman, Claude Richards - Butterfly Garden
Your parents, a teacher, a mentor, an event, or are you self-made? Was there some pivotal moment in your life?
- 4:30 **Pilates** - Morris Gelman - Orchid Lawn
Exercises to build a better core.
- 4:30 **Hair vs. Bare** - Claudia Kellersch - Island
Which do you prefer? Hair? Bare? Where? There? Everywhere? Bald and ribald? Hirsute and cute?
- 4:30 **What Is Ailing You? There May Be an Answer** - Isolde Boutwell - Clubhouse Lawn
Natural healing costs only time and effort; for every year you have had the illness, count 1 month of healing time.
- 4:30 **Children's Activity: Super Duper Soap Bubbles** - Hankie The Clown - Playground
- 7-9:00 **Silver Screen Classics with Nudity: Blow-Up** - Len Summers - Clubhouse
Pop-culture parable of a photographer living a compliant lifestyle in the swinging 60's of London.
- 7:00 **Calamity Jane (performance)** - LaDonna Allison, Bill Pacer - Pavilion
Calamity Jane, whose fiction has become truth.
- 7:00 **Children's Activity: Campfire Story Time** - Alice & Dunbar Susong - Campfire Area
- 8-10:00 **Faerie Elaine in Concert** - Faerie Elaine Silver, James the Beloved - Pavilion
The inspiring music of award-winning performer and recording artist Faerie Elaine.
- 9-12:00 **Campfire Drum Circle with Dancing** - Theresa Frazier, Cliff Harmon - Campfire Area
- 9:00 **Silver Screen Classics with Nudity: Short Subject Films** - Len Summers - Clubhouse
- 10-12:00 **Growing Cities (movie)** - Michael Jordan - Clubhouse
Inspiring stories of these intrepid urban farmers, activists, and everyday city-dwellers who are challenging the way this country feeds itself.
- 10:00 **Nude Art in the World (slide show)** - Rainer Budde, Horst Jerina - Pavilion
Overview: USA artists, Body & Freedom Festival (naked performance in urban space), own body painting.
- 11:00 **DJ Dance** - Don Sanborn - Pavilion
- SATURDAY, 2/17/2018**
- 7:00 **Meditation** - Cat Field - Serenity Garden
A centering meditation to bring you into alignment for the day ahead.
- 7:00 **Tai Chi** - Michael Bootzin - Orchid Lawn
Moving meditation to strengthen balance & focus. (10 & up)
- 8:00 **Be a Gumby: Easy Stretches** - David Ireland - Orchid Lawn
Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.
- 9:00 **Blind Creek Update** - Nelson Jones - Clubhouse Lawn
The newest naturist beach in Florida. Where we are, and where we're going.
- 9:00 **Tree of Life & the Garden of Eden** - Joanna Pakula - Island
New & ancient spiritual philosophy of living in balance with nature.
- 9:00 **Yoga Practice** - Susan Shopiro - Orchid Lawn
Yogis' choice: Bone Health, Hatha or Yoga Therapy
- 9:00 **Florida Invasive Species Problems** - Michael Jordan - Butterfly Garden
Florida's problem with non-native plants and animals.
- 9:00 **Fermenting & Kombucha** - John Dodge - Restaurant Deck
Quick fermenting methods, sample home made kombucha.
- 9:00 **Knot Tying** - Michael Bootzin - Pavilion
Important ways of fastening things down to your car, tent to a tree, or picking things up. (10 & up)
- 9:00 **A Course in Miracles: Mind, Body, Integration, Purification, Wholeness** - William Peace, Trinity - Serenity Garden
Miracles are everyone's birthright, but purification is necessary first.
- 9:00 **Children's Activity: Catch & Release Fishing** - Hank Key - Dock
- 10:00 **Sexting - A Naturist Issue?** - Rich Pasco - Clubhouse Lawn
What message do we as a society send our youth when we criminalize them for photographing their own bodies? Should we as naturists get involved? How?
- 10:00 **Water Aerobics** - Bernie & Carolyn Roche - Pool
Stretching, cardiac strengthening, and deep breathing.
- 10:00 **Rope Trivets** - Arlene Pickman - Restaurant Deck
Make your own woven trivets. Materials provided.
- 10:00 **Learning From Our Primal Past III - Enduring Societies** - Don VandeKrol - Orchid Lawn
Is organization necessary? Are there alternatives to mechanistic organization of human relationships?

10:00	The Sun, Friend or Foe? - Bob Farnell - Butterfly Garden <i>Ratings and prices of more than 70 Sunscreen products, samples. Feel them, smell them, try them, make your choice.</i>	4:00	Children's Activity: Soccer - Swann, Craig Summey - Orchard
10:00	Infinity Breath Meditation III - Michael Bootzin - Serenity Garden <i>Activating the Imaginarium through visualizations and breath. Feel the vibration through vocalizations.</i>	4:30	Wear Clothes: Destroy the Planet, Get Sick Quicker, Die Sooner - Wib & Pat Daley - Clubhouse Lawn <i>Interesting fun information supporting our nudist life style.</i>
10:00	Animal Yoga for All Ages - Michael Raymond - Playground <i>Integrating yoga, concentration, meditation, creative fantasy, movement, and body painting. Experiential.</i>	4:30	Growing Through Forgiveness - Darrell & Nancy Casey - Serenity Garden <i>Using music & humor to release the past & get on with our life.</i>
11:00	Crazy Little Thing Called Love - Love Byrd - Pavilion <i>An insightful and interactive discussion on love. What it is, what it isn't and how to get more of it.</i>	4:30	Ashtanga Yoga - Michael Bootzin - Pavilion <i>The Mysore practice of meditation through movement. (8 & up.)</i>
11:00	On Being Human III - Woodland Sage - Island <i>Unparalleled naked freedom.</i>	4:30	Essential Oils for Well Being Head to Toe - Paula Knudsen - Butterfly Garden <i>Using oils to benefit your life in every way from physical well being to emotional well being.</i>
11:00	Tantric Breathing: The Breath of Love - Alice & Dunbar Susong - Serenity Garden <i>Vigorous belly breathing exercise with tantric body movements & vocalization done solo & blindfolded in a supine position. Bring a large towel, 2 pillows & water.</i>	4:30	Exercises Using Body Weight Only (moderate) - Morris Gelman - Orchid Lawn <i>Exercises using body weight only - Calisthenics, core exercises, jumping exercises, lunges, planks and others. Bring a mat & water.</i>
11:00	Native Flute Playshop - Armond & Angelina - Butterfly Garden <i>This instrument is simple to master. Even those with no musical ability can play lovely melodies.</i>	4:30	Your Income Taxes Under President Trump - Bill Pike - Clubhouse <i>Changes and updates for the 2017 tax year.</i>
11:00	Nudity in Mexico - Claudia Kellersch - Clubhouse Lawn <i>Nudist beaches, resorts, groups, tour info!!</i>	4:45	Children's Activity: Shaving Cream Toss - Swann, Craig Summey - Orchard
11:00	Sacred Realism, Spiritual Naturalism - Aaron Frost - Orchid Lawn <i>Developing a mindful sacred practice around the principles of love, truth, humility, and wisdom.</i>	7-9:30	Silver Screen Classics with Nudity: Ben-Hur, A Tale of the Christ - Len Summers - Clubhouse <i>Faithful adaptation of historical bestseller.</i>
11:00	Children's Activity: Pool Relay Races - Swann, Craig Summey - Pool	7:00	Myth, Man, & Nature (Art Slide Show) - Paul LeValley - Pavilion <i>See how artists remind us of our place in nature by retelling ancient myths whose importance never dies.</i>
12-1:30	Skin Cancer Screening - Maounir Wassef, M.D. - Lot 18	7:00	Children's Activity: Campfire with Snacks & Games - Hankie The Clown - Campfire Area
12:00	Children's Activity: Water Gun Relay Race - Tom Blackhawk Caffrey, Judy Woods - Orchard	8-10:00	Peace, Love, & P'opera Concert - Armond & Angelina - Pavilion <i>Combining classical influence and world-pop stylings, a unique genre called P'opera using songs, stories and humor to inspire you to experience "Heaven on Earth."</i>
1:30	GENERAL ASSEMBLY AND GROUP PHOTO - Pool	9-12:00	Campfire Drum Circle with Dancing - John Dodge - Campfire Area
3-4:30	Talking with the Naturist Society - Mike Abramson, Nicky Hoffman - Clubhouse Lawn <i>How our transition to a non-profit organization affects you and your membership. Your suggestions welcome.</i>	9:30-11:30	Silver Screen Classics with Nudity: Pan's Labyrinth - Len Summers - Clubhouse <i>Violent & dark fable set during Spain's Civil War. A girl escapes the brutality by drifting into a fantasy world.</i>
3-4:30	Naturist Photography & Modeling - Carl Flick - Meet at Dock <i>Explore naturist themes in setting up photographic imagery. For both photographers and models.</i>	10:00	The Search for Skinny-Dippable Waterfalls in New York (slide show) - Milton Charlton - Pavilion <i>An adventure of nude hiking and skinny-dipping in the waterfalls of the Catskills, information on other parts of New York.</i>
3-4:30	Introduction to Didgeridoo - Jake Jones - Butterfly Garden <i>The basics of playing didgeridoo.</i>	11:00	Naked European Walking Tour 2017 (slide show) - Milton Charlton - Pavilion <i>A week-long nude hiking experience in the Austrian Alps, information on how to join in a future NEWT adventure.</i>
3-4:30	How To Be Healthy in the 21st Century - John Dodge - Orchid Lawn <i>Nutrition, meditation, yoga, visualization, exercise, herbs, aromatherapy, Ayurveda, dancing, drumming and more to maintain your humanity, physical and spiritual.</i>		
3-4:30	Between the Folds - Michael Bootzin - Clubhouse <i>The art of paper folding, view documentary. Make a scandinavian paper star through folding and weaving paper. (15 & up)</i>		
3:00	Medical Marijuana - Tom Blackhawk Caffrey - Serenity Garden <i>Requirements & benefits.</i>		
3:00	No Veteran Left Behind - Deb Hedding - Island <i>How healing, hope and happiness from all-over sunshine is saving our military veterans.</i>		
3:00	Children's Activity: Pool Fun & Ice Cream Social - Angel Frazier, Craig Summey - Pool, Restaurant Deck		
4-5:30	Water Flotation Exercise for Couples - Alice & Dunbar Susong - Pool <i>Support your floating partner as you breathe with them and stretch and rock them into a Yab Yum state of bliss.</i>		
			SUNDAY, 2/18/2018
		7:00	Meditation - Cat Field - Serenity Garden <i>A centering meditation to bring you into alignment for the day ahead.</i>
		7:00	Tai Chi - Michael Bootzin - Orchid Lawn <i>Moving meditation to strengthen balance & focus. (10 & up)</i>
		8:00	Be a Gumby: Easy Stretches - David Ireland - Orchid Lawn <i>Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.</i>

9:00	Earth Spirit Celebration - Love & Roger Byrd - Campfire Area <i>We are spiritual beings sharing an earthly journey. Celebrate as we honor that journey and Mother Earth.</i>	11:00	Sociocracy: A Deeper Democracy - Joanna Pakula - Serenity Garden <i>More efficient than consensus, more inclusive & fair than democracy.</i>
9:00	Professors & Researchers SIG - Paul LeValley - Clubhouse Lawn <i>Opportunity for current and prospective SIG members to meet to find out what this SIG is doing.</i>	11:00	Body Painting for All Ages - Tom Blackhawk Caffrey, Judy Woods - Playground <i>Creative art & fun.</i>
9:00	Yoga Practice - Susan Shopiro - Orchid Lawn <i>Yogis' choice: Bone Health, Hatha or Yoga Therapy</i>	12:00	Slip 'N Slide - Swann, Craig Summey, Tom Blackhawk Caffrey, Judy Woods - Playground
9:00	Sunsport Nature Hike & Methods to Document - Michael Jordan - Meet at Butterfly Garden <i>Nature hike around Sunsport gardens with discussion on different ways to document what you see.</i>	1:30	Pudding Toss for All Ages - Morley Schloss - Orchard <i>Messy, gooey free-for-all.</i>
9:00	Soak Up the Sun Safely - Bob Farnell - Island <i>Ratings and prices of more than 70 Sunscreen products, samples. Feel them, smell them, try them, make your choice.</i>	1:30	Pilates - Morris Gelman - Orchid Lawn <i>Exercises to build a better core.</i>
9:00	Christian Naturist Non-Denominational Worship Service - Bruce Frendahl - Serenity Garden <i>Any faith or no faith welcome to participate in non-denominational service. Bring your Bible if you have one.</i>	1:30	Einstein & Recent Observation of Gravitational Waves - Gabrielle Germann - Butterfly Garden <i>Starting with Einstein's Theory we will discuss gravitational waves, for which the 2017 Nobel Prize in Physics was awarded.</i>
9:00	Daydreaming Fun for All Ages - Michael Raymond - Pavilion <i>Use your imagination to learn how to relax and be calm using guided imagery and soft music, practical applications for using the methods taught.</i>	1:30	Privatizing a Back Yard - Rich Pasco - Island <i>How a small urban back yard became a beautiful oasis of sanity private enough for nudity.</i>
10-3:00	Bloodmobile - Parking Area <i>Give the gift of life.</i>	2:30-4:30	Make a Pair of Earrings - Maureen Grady - Meet at Restaurant Deck <i>Beads provided. Pick your colors & create your earrings.</i>
10:00	Where To Go Nude in Florida: Geography & Maps - Carl Flick - Volleyball Tree <i>The latest information on finding and enjoying naturist sites.</i>	1:30	NBC's Meet & Greet - Claude Richards - Serenity Garden <i>For Naturist Breast Cancer survivors to connect and share.</i>
10:00	Water Aerobics - Bernie & Carolyn Roche - Pool <i>Stretching, cardiac strengthening, and deep breathing.</i>	2:30	Basic Massage Techniques - Jonathan Shopiro, Walter Loeb - Orchid Lawn <i>Practice massage strokes. Bring a table if you have one.</i>
10:00	Learning From the Primal Past IV: Deep Ecology - Don VandeKrol - Orchid Lawn <i>Are we moving toward the reenchantment of our world?</i>	2:30	Naturist Action Committee/Naturist Education Foundation Update - Jim Dickey - Clubhouse Lawn <i>Lively discussion on TNS political and education arms.</i>
10:00	Increasing Personal Energy - Kurt Strickland - Butterfly Garden <i>Increase your energy levels, includes hugging. Experiential.</i>	2:30	Eating Raw I: Kicking the Grain Addiction - John Dodge - Restaurant Deck <i>Techniques to prepare food without the use of grains and without cooking. Making food to sample.</i>
10:00	Infinity Breath Meditation IV - Michael Bootzin - Serenity Garden <i>Activating the Imaginarium through visualizations and breath. Journey into our physical building blocks.</i>	2:30	Labyrinth Meditation - Michael Bootzin - Labyrinth <i>A moving meditation through mantra and breath.</i>
10:00	Capture the Flag for All Ages - Swann, Craig Summey - Orchard	2:30	Skeptics Psychic Adventures - Wib & Pat Daley - Serenity Garden <i>Is this stuff real or are we delusional? Discussion/Sharing.</i>
11:00	Florida Naturist Groups: Sharing Information, Developing Strategies - AANR Florida, B.E.A.C.H.E.S., Central Florida Naturists, Florida Keys Naturists, Free Caspersen Beach Club, Friends of Blind Creek Beach, Gay Naturists International, Naturist Action Committee, North Florida Naturists, Sanibel Naturists, South Florida Free Beaches, Suncoast Naturists, Tallahassee Naturally, Tampa Area Naturists, Treasure Coast Naturists, WildFyre Society - Clubhouse Lawn <i>Join other like-minded and like-hearted people in sharing how your naturism and your spirituality co-exist.</i>	3:30-5:30	Kayaking - Michael Shaw - Campfire Area <i>Entering the kayak, paddling, turning practice.</i>
11:00	The Spirituality of Naturism - Cat Field - Orchid Lawn <i>Join other like-minded and like-hearted people in sharing how your naturism and your spirituality co-exist.</i>	3:30	Children's Activity: Pool Time Fun & Ice Cream Social - Angel Frazier, Craig Summey - Pool, Restaurant Deck
11:00	On Being Human IV - Woodland Sage - Island <i>You are so sparkly & yummy.</i>	3:30	Transforming Negative Energy - Darrell & Nancy Casey - Serenity Garden <i>Ways we can release fear around events we can't control and move into our own inner strength and wisdom. Interactive.</i>
11:00	Singles Meet & Greet - George Winlock - Butterfly Garden <i>Get to know other single nudists.</i>	3:30	Informing Politicians of Naturist Family Values - Paul LeValley - Restaurant Deck <i>We have a great story to tell, and the tools to do it.</i>
11:00	Gymnosophistry - Michael Bootzin - Restaurant Deck <i>A meditation through slow food ingestion connecting one another through interdependent mindfulness.</i>	3:30	Creating Fulfilling Relationships: Turning Cell Mates Into Soul Mates - Trinity, William Peace - Orchid Lawn <i>Making all of our relationships (not just partnerships) healthy and fulfilling.</i>
		3:30	Having Fun with Digital Photography in Infrared, Panoramas, & HDR - David Lewis - Clubhouse <i>Digital photography gives us more options for creativity.</i>
		3:30	Essential Oils for Well Being Head to Toe - Paula Knudsen - Butterfly Garden <i>Using oils to benefit your life in every way from physical well being to emotional well being.</i>
		3:30	Modern Myths & Urban Legends - Robert Pytel - Island <i>Prevalence of today's myths or "No! No! That one is true."</i>
		3:30	Children's Activity: Canuding & Kayaking - Blair Brumley - Campfire Area

4:30	Eating Raw II: Coconut, Cacao, and Healthy Desserts - John Dodge - Restaurant Deck <i>Techniques for selecting, opening and using coconut. Tips on the latest health food info. Samples.</i>	9:00	Stupid Design, Why Are We Still Here? - Rob Pickman - Clubhouse Lounge <i>Video takes a look at our universe, our solar system, our world and presents another theory of why we are here.</i>
4:30	My Best Ever Gathering/Festival Experience - Carmen Hamm, Nicky Hoffman, Jim Dickey, Claude Richards - Clubhouse Lawn <i>We keep coming back year after year because of the wonderful things that happen at these events. Share your best ever gathering experience.</i>	9:00	Men in Naturism - Jim Dickey - Butterfly Garden <i>Lively discussion wherever the conversation takes us.</i>
4:30	Meditation & Movement - Michael Raymond - Orchid Lawn <i>Experiential: Simple choreography, centering methods, meditation. How to integrate into daily life.</i>	9:00	Is Zika Still a Thing? - Darlene Crawford - Clubhouse Lawn <i>What you need to know for safe travels and healthy family.</i>
4:30	Ashtanga Yoga - Michael Bootzin - Pavilion <i>The Mysore practice of meditation through movement. (8 & up.)</i>	10-12:00	Team Building for All Ages - Michael Bootzin - Pavilion <i>Collaboration through fun and challenging actions.</i>
4:30	Cannabis - Ethel Rowland - Butterfly Garden <i>Cannabis update: Smoke it? Vape it? Legal?</i>	10:00	On Being Human V - Woodland Sage - Island <i>Open candid forum.</i>
4:30	Children's Activity: Treasure Hunt - Swann, Craig Summey - Playground	10:00	Florida Free Beach History - Bruce Frendahl - Clubhouse Lawn <i>Discover the long, arduous & often painful struggle to get & retain clothing-optional beaches in Florida.</i>
7-9:00	Makid: A View from Outside the Box - John Dodge - Clubhouse <i>Understanding the universe thru the eyes of Mother Nature.</i>	10:00	Memoir & Legacy II - Michael Raymond - Pavilion <i>Principles of memorializing memories and reflections through art. Choose from the written word, watercolors, colored pencils, song, dance, or another medium.</i>
7:00	Naturist CaBAREt - Opera-Musical Theatre SIG - Pavilion <i>Observing the centennial year of Leonard Bernstein's Birth</i>	10:00	Water Aerobics - Bernie & Carolyn Roche - Pool <i>Stretching, cardiac strengthening, and deep breathing.</i>
7:00	Children's Activity: Campfire Story Time - Alice & Dunbar Susong - Campfire Area	10:00	Infinity Breath Meditation V - Michael Bootzin - Serenity Garden <i>Activating the Imaginarium through visualizations and breath. TWYNASTR (take what you need & share the rest) mindfulness into interdependent connectivity.</i>
8:00	Loving, Sex: Unleashed (performance) - LaDonna Allison - Pavilion <i>From a preacher's kid to risqué, a woman's quest to bare her soul and find freedom. Autobiographical.</i>	10:00	Learning from the Past V - Power in Relationships - Don VandeKrol - Orchid Lawn <i>Does someone always need to be 'in charge'?</i>
9-12:00	Campfire Drum Circle with Dancing - Javier Wilches - Campfire Area	10:00	Children's Activity: Yoga - Swann - Playground
9-11:00	Silver Screen Classics with Nudity: In the Heat of the Night - Len Summers - Clubhouse <i>A southern sheriff grudgingly accepts the help of a big-city black detective to solve a small-town murder.</i>	11-12:55	Silver Screen Classics with Nudity: Sinbad & the Eye of the Tiger (for All Ages) - Len Summers - Pavilion <i>Sinbad sails to deliver a cursed prince to a dangerous island against opposition from a powerful witch.</i>
9:00	David Redmond in Concert - Pavilion <i>Original songs and folk/rock music.</i>	11:00	Tantric Breathing: The Breath of Love - Alice & Dunbar Susong - Serenity Garden <i>Vigorous belly breathing exercise with tantric body movements & vocalization done solo & blindfolded in a supine position. Bring a large towel, 2 pillows & water.</i>
10:30	Germany: A Circle Tour from Berlin to Cologne By Way of Bavaria (slide show) - David Lewis - Pavilion <i>Photographing Germany.</i>	11:00	What's Your Naked Comfort Level? - Wib & Pat Daley - Clubhouse Lawn <i>Do friends and family know? Comfortable nude with textiles? Discussion.</i>
11-12:00	Restorative Practice I - Michael Bootzin - Clubhouse <i>Powerful communication through active listening.</i>	11:00	Palmistry - Blue Evans - Butterfly Garden <i>The lines in your hands are as unique as your DNA.</i>
MONDAY, 2/19/2018		11:00	Answering Life's Questions from the Fifth Dimension - Liz Ciencin - Orchid Lawn <i>Four unknown facts of reality which will change the way we experience life as we know it.</i>
7:00	Meditation - Cat Field - Serenity Garden <i>A centering meditation to bring you into alignment for the day ahead.</i>	1:00	David Bowden Memorial Coin Toss - George Winlock - Playground <i>The legacy of David "the money man" Bowden: experiencing the gift that comes from giving. Coin donations accepted.</i>
7:00	Tai Chi - Michael Bootzin - Orchid Lawn <i>Moving meditation to strengthen balance & focus. (10 & up)</i>	1:30	The Acceptance of Topfree Equality - LaDonna Allison - Clubhouse Lawn <i>Topfree activist discusses progress.</i>
8:00	Be a Gumby: Easy Stretches - David Ireland - Orchid Lawn <i>Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.</i>	1:30	West African Drumming - John Dodge, Forest Holmes-Dodge - Campfire Area <i>Learn the rhythm parts that create an African dance. Play in the following African dance class.</i>
9:00	Naturist Poetry & Poem Composition - Bruce Frendahl - Orchid Lawn <i>Write your own poem. Compare yours with others in the group. Learn techniques to improve your poetry.</i>	1:30	Swing Dance Instruction - Don Sanborn - Pavilion <i>Intro to the 6 step / East Coast Swing dance. Easy to learn; a dance you can use nearly 50% of the time!</i>
9:00	Women in Naturism - Carmen Hamm, Nicky Hoffman, Claude Richards - Serenity Garden <i>Discussion: how we came to be naturists, why more women don't participate, and what we can do to encourage others.</i>	1:30	Survival Skills: Off-Grid Living - Joanna Pakula - Butterfly Garden <i>Living comfortably without electricity in an emergency situation or for fun!</i>

1:30	Foot Reflexology - Michael Bootzin - Orchid Lawn <i>Basic techniques for giving and receiving a relaxing foot rub. Participants must be comfortable with healthy touch.</i>	4:30	How Being a Naturist Has Benefited Me - George Winlock - Clubhouse Lawn <i>Discussion.</i>
1:30	Mental Health - Bonnie Hoag - Serenity Garden <i>Coming out of the closet.</i>	4:30	A Naturist Perspective of Life on the Street - Bruce Frendahl - Serenity Garden <i>Learn about homelessness from a naturist's perspective; How you can help end this national dilemma.</i>
1:30	Children's Activity: Popcorn - Swann, Craig Summey - Playground		
2:30	Are North Americans Addicted to Clothing? - Blair Brumley - Clubhouse Lawn <i>Discussion considering the clothing-compulsiveness of non-naturists from the perspective of how we might approach dealing with a pandemic of pathological behavior.</i>	4:30	The Art of Modeling - Bill Pacer, LaDonna Allison - Butterfly Garden <i>Pointers to those who wish to be an art model.</i>
2:30	West African Dance - John Dodge, Forest Holmes-Dodge - Campfire Area <i>Basic African dance movements designed to build your body and your spirit.</i>	4:30	Creating Fulfilling Relationships: Turning Cell Mates Into Soul Mates - Trinity, William Peace - Orchid Lawn <i>Making all of our relationships (not just partnerships) healthy and fulfilling.</i>
2:30	Puja - Darrell & Nancy Casey - Serenity Garden <i>Mostly non-verbal introduction to tantra & each other.</i>	4:30	Children's Parade - John Dodge & Family, Tom Blackhawk Caffrey - Playground <i>Design and paint banners & yourselves - make music - dance & walk - have fun being a spirit.</i>
2:30	Essential Oils for Well Being Head to Toe - Paula Knudsen - Butterfly Garden <i>Using oils to benefit your life in every way from physical well being to emotional well being.</i>	7-9:00	Variety Show for All Ages - Walter Loeb, M.C. - Pavilion <i>Your chance to shine.</i>
2:30	Every Trick in the Book - Rich Pasco - Orchid Lawn <i>How hackers trick you into helping them take over your computer--and your bank account.</i>	7-9:00	Silver Screen Classics with Nudity: Confetti - Len Summers - Clubhouse <i>A "mockumentary" in which three couples battle and compete for the coveted title of "Most Original Wedding".</i>
2:30	Meditation & Music - Michael Raymond - Pavilion <i>Breathing techniques and the 'Ambiology Music Series' will produce deep relaxation; experience both harmony and dissonance and their effect on our mental state.</i>	9-12:00	Campfire Drum Circle with Dancing - John Dodge - Campfire Area
2:30	Children's Activity: Pool Fun & Ice Cream Social - Angel Frazier, Craig Summey - Pool, Restaurant Deck	9-11:00	Nudes in the News - Rich Pasco - Pavilion <i>Video review of how mainstream media portray nudity and naturism. All new video clips recorded since last year's MWNF.</i>
3:30	TNS Lifetime Members Meet & Greet - Jim Dickey, Carmen Hamm, Nicky Hoffman, Claude Richards - Clubhouse Lawn <i>Learn what's been happening with the Lifetime SIG.</i>	9-10:30	The Economics of Happiness (movie) - Don VandeKrol - Clubhouse <i>The small, local economies around the world are preserving traditions, cultures, and communities, and ultimately safeguarding our happiness."</i>
3:30	Ashtanga Yoga - Michael Bootzin - Pavilion <i>The Mysore practice of meditation through movement. (8 & up.)</i>	10:30-12:00	Restorative Practice II - Michael Bootzin - Clubhouse <i>Powerful communication through active listening.</i>
3:30	The Sun, Friend or Foe? - Bob Farnell - Butterfly Garden <i>Ratings and prices of more than 70 Sunscreen products, samples. Feel them, smell them, try them, make your choice.</i>	11:00	DJ Dance - Don Sanborn - Pavilion
3:30	Exercises Using Body Weight Only (Hard Intensity) - Morris Gelman - Orchid Lawn <i>Exercises using body weight only - Calisthenics, core exercises, jumping exercises, lunges, planks and others. Bring a mat & water.</i>		
3:30	Sound Bath/Sound Therapy - Jake Jones - Serenity Garden <i>Receive a sonic sound bath rich in harmonics through dideridoo and handpan to achieve a deep meditative state.</i>		
3:30	Tae Kwondo Basics for All Ages - Swann - Playground <i>The basic white belt techniques of this Korean martial art.</i>		
4:30	Circle Dance - Diarmid - Pavilion <i>Traditional and modern dances from many countries. - no partner required, no need to be able to dance.</i>		
4:30	Water is Life - Michael Bootzin - Island <i>An exploration into the importance of Hydrogen Hydroxide to all living beings. (13 & up)</i>		
			TUESDAY, 2/20/2018
		7:00	Meditation - Cat Field - Serenity Garden <i>A centering meditation to bring you into alignment for the day ahead.</i>
		7:00	Tai Chi - Michael Bootzin - Orchid Lawn <i>Moving meditation to strengthen balance & focus. (10 & up)</i>
		8:00	Be a Gummy: Easy Stretches - David Ireland - Orchid Lawn <i>Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.</i>
		9:00	CLOSING FRIENDSHIP CIRCLE - Clubhouse Lawn
		10:00	Haulover Beach Trip - Al Rodhe - Orchid Lawn <i>Visit Florida's most popular clothing-optional beach.</i>
		10:00	Blind Creek Beach Trip (including performance on the beach) - Roger Byrd, T.A. Wyner - Clubhouse Lawn <i>Explore Florida's newest clothing optional beach. Performance: "SEX is not the only word in the language of nudity. Nudity speaks VOLUMES."</i>