

# MIDWINTER NATURIST FESTIVAL, FEBRUARY 17-22, 2011

Breakfast 7:30- 9:00 AM Lunch: Noon – 1:30 PM Supper: 5:30 – 7:00

## THURSDAY, 2/17/2010

- 9:00 **OPENING FRIENDSHIP CIRCLE**
- 10:00 **No Sex Please, We're Nudists** - Rich & Julianne Pasco  
*The nudist/naturist movement has done everything possible to distinguish itself from "adult" entertainment, sometimes giving the impression that nudists are weirdly asexual. Recently, a few nudist resorts have adopted a more "sexy" marketing slant. Perhaps neither extreme is desirable; join in a lively discussion.*
- 10:00 **Henna** - John & Dakota Dodge  
*Henna techniques; leave with a cool temporary tattoo.*
- 10:00 **Vision/Prosperity Charts: Creating Your Future Now** - Jan Byrd  
*A hands on workshop to help you manifest the life you desire and deserve.*
- 10:00 **Hatha Yoga** - Susan Shopiro  
*Yoga for experienced Yogini or physically active people.*
- 10:00 **Children's Activity: Share the Wonderful You** - Bess Mae Jones  
*Every one of us is special; through sharing of our life stories we will learn about people; how are we similar and how are we different?*
- 11:00 **Nudism In Today's Economy** - Jerry Dixon  
*Share your lifestyle experiences.*
- 11:00 **Writing for N Magazine & Beyond** - Nicky Hoffman Lee  
*Tips, ideas and guidelines for writing for N magazine.*
- 11:00 **Water Aerobics** - Darleen Ridenhour  
*Exhilarating hour of stretching, cardiac strengthening, noodle use, and deep breathing. Limited to first 15.*
- 11:00 **Personal Empowerment** - Morley Schloss  
*Ask for what you want, say yes or no without guilt (experiential).*
- 11:00 **Toxic Plant Hike for Children & Adults** - Mitch Flinchum  
*Identify plants that may be harmful to you or your animals.*
- 1:00 **Florida Young Naturists** - Kat Kraft & Mark Marazita  
*Who we are & what we're up to.*
- 1:00 **Play Reading Rehearsal** - Dan Hartley & Volunteer Cast  
*Perform in a reading of naturist plays.*
- 1:00 **Rebuilding Earth From the Ground Up** - Jack Arnold  
*Developing and implementing entirely new strategies for environmental sustainability, spiritual fulfillment and social justice.*
- 1:00 **Clay Sculpture for Adults & Children** - Wyatt Warren  
*Sculpt human figure or whatever you like.*
- 2:00 **Naturist Action Committee: Working with Officials to Gain & Protect Clothing Optional Sites** - Morley Schloss  
*How NAC works with naturist groups and local officials to protect and promote opportunities for clothesfree recreation.*
- 2:00 **West African Drum Class** - John & Dakota Dodge  
*Learn the rhythm parts that create an African dance. Play in the following African dance class.*
- 2:00 **Musical Soul Portraits** - Richard Shulman  
*Following your Divine connection through music.*
- 2:00 **What is a Pagan?** - Bonnie Hoag & Richard Clark  
*Might you be one without realizing it?*
- 2:00 **Children's Activity: Pool Games** - Frank Reamer
- 3-5:00 **Introduction to SkyDancing Tantra & Each Other** - Darrell & Nancy Casey  
*Join in a traditional greeting ritual and learn about your energy centers, using music.*
- 3:00 **Why Are You a Nudist?** - George Winlock  
*What do you like about being a nudist so much that you have kept it up?*

- 3:00 **West African Dance Class** - John & Dakota Dodge  
*Basic African dance movements.*
- 3:00 **T Shirt Cutting** - Brenda Smith  
*Basics for cutting slits into shirts to make a sexy garment for wear as a nudist or anywhere.*
- 3:00 **Children's Activity: Ice Cream Social** - Sandra Reamer
- 4-5:30 **Sivananda Yoga** - Amy Forman  
*Yoga postures and breathing exercises focused on meditation and healing.*
- 4:00 **Naturist Vacations with Children** - Claudia Kellersch  
*Where to go, what to expect, our favorite places.*
- 4:00 **Better Family Photography: Composition** - Grey Vanaman  
*Improve your skills as family photographer; learn how to place elements in a photograph for maximum impact.*
- 4:00 **Tie Dye For Children & Adults** - Traci Walton  
*The basics of tie dying a t-shirt or towel. Use one provided (\$5 adults, children free) or bring your own.*
- 5:00 **Introduction to Naturism & This Festival** - Morley Schloss, Nicky Hoffman Lee  
*Discussion of naturism, the Naturist Society, and the organization and objectives of this Festival.*
- 5:00 **Alcoholics Anonymous Meeting** - Dave Armstrong  
*Open discussion.*
- 7-9:00 **Dirt (movie)** - Jack Arnold  
*The Ecstatic Skin of the Earth, Dirt! A humorous and substantial look into the history and current state of the living organic matter, a story with heart and soil.*
- 7:00 **Naturist Family SIG Get Together** - Sandra Reamer, Claudia Kellersch  
*Fun and games for adults & children.*
- 8-10:00 **Square Dance for Adults & Children** - Morley Schloss  
*Fun square dances with a caller. No experience necessary.*
- 8:00 **Children's Activity: Campfire with S'mores** - Stephanie Reamer
- 9-12:00 **Campfire Drum Circle with Dancing** - John & Dakota Dodge  
*Drum circle and bonfire with dancing.*
- 10-12:00 **DJ Dance** - Don Sanborn
- 10-11:30 **Marriage Meltdown (movie)** - Darrell & Nancy Casey  
*Contrasts the damage done by an affair with the harmony possible when additional partners are in loving connection.*

## FRIDAY, 2/18/2010

- 8:00 **Alcoholics Anonymous Meeting** - Dave Armstrong  
*Open discussion.*
- 9:00 **Does Naturism Tell Us Anything About Taboos?** - Blair Brumley  
*Should Naturists limit themselves to breaking just one taboo? Are any taboos justified or are they all irrational social constructs? Are there rational strategies for countering irrational thinking?*
- 9:00 **Women's Workshop** - Nicky Hoffman Lee  
*Discussing issues that matter to women enjoying naturism.*
- 9:00 **West African Drum Class** - John & Dakota Dodge  
*Learn the rhythm parts that create an African dance. Play in the following African dance class.*
- 9:00 **Re-Creating Growth Through Change** - Darrell & Nancy Casey  
*An experiential joyshop using music, humor and interactive discussion to emphasise the stages of Virginia Satir's "Change Process".*
- 9:00 **Yoga for Life** - Janet Meredith  
*All levels welcome.*

9:00	<b>Children's Activity: Bounce House</b> - Traci Walton	3:00	<b>Release Past Baggage &amp; Find Empowerment for the Future</b> - Maggie Martz
10:00	<b>Involving Young Adults &amp; Families In Naturism</b> - Morley Schloss <i>People aged 18-30 do become active naturists - a successful model for offering what young adults want.</i>	3:00	<i>Group hypnosis for personal growth.</i> <b>Green Nudist Living</b> - Jerry Dixon <i>Share your Festival ecological discoveries and ideas for the future.</i>
10:00	<b>Traditional QiGong: The 8 Piece Brocade</b> - Norma Mitchell <i>Traditional QiGong to get that Chi (energy) moving.</i>	3:00	<b>T Shirt Weaving</b> - Brenda Smith <i>Learn basics for weaving shirts for a more tailored look and feel for sexy wear.</i>
10:00	<b>West African Dance Class</b> - John & Dakota Dodge <i>Basic African dance movements.</i>	3:00	<b>Children's Activity: Ice Cream Social</b> - Bridget Vanaman
10:00	<b>Manage Your Stress, Manage Your Life</b> - Jan Byrd <i>We will identify types and causes of stress and ways to manage the stress in our lives, followed by a short guided meditation.</i>	4:00	<b>Delray Beach: Networking &amp; Lobbying</b> - Dave Armstrong <i>A clothing optional beach in our near future.</i>
10:00	<b>Children's Activity: Ooey-Goey Obstacle Course</b> - Frank Reamer IV	4:00	<b>New Nude Photography Exhibit</b> - Mark Sadan <i>Open reception with refreshments.</i>
11:00	<b>First Time Naturist Experiences</b> - George Winlock <i>Share your experiences with a group.</i>	4:00	<b>Better Family Photography: Lighting</b> - Grey Vanaman <i>Improve your skills as family photographer: learn how to use various light sources to achieve desired results.</i>
11:00	<b>Choices: Values In Relationship Game</b> - Morley Schloss <i>Discover/clarify what values are important to you in establishing or enhancing a relationship.</i>	4:00	<b>Body Painting for Children &amp; Adults</b> - John & Dakota Dodge <i>Fun painting each other with a rainbow of non-toxic colors.</i>
11:00	<b>Water Aerobics</b> - Darleen Ridenhour <i>Exhilarating hour of stretching, cardiac strengthening, noodle use, and deep breathing. Limited to first 15.</i>	5:00	<b>Sunsport Gardens: The Vision</b> - Morley Schloss <i>Sunsport's unique vision as a natural and healthful community and resort.</i>
11:00	<b>The Zen &amp; Breath of Chiropractic</b> - Marcus Rosenfeld <i>Interconnecting the natural movements of yoga and breathing with the healing art of Chiropractic.</i>	5:00	<b>Alcoholics Anonymous Meeting</b> - Dave Armstrong <i>Open discussion.</i>
11:00	<b>Ecological Nature Walk</b> - Tex Reutter <i>Experience Sunsport's tropical jungle, fruit orchard and nature trails; learn about native plants and invasive species.</i>	5:00	<b>Naturist Society Singles SIG Meet &amp; Greet</b> - George Winlock <i>Meet &amp; greet other single nudists.</i>
11:00	<b>Children's Activity: Slip 'N Slide</b> - Grey Vanaman	7-9:00	<b>The Law of Attraction (Movie)</b> - Dev Blowers <i>"The Secret" movie and discussion.</i>
1:00	<b>Naturist Values: Nudity With More</b> - Morley Schloss <i>The status of Lee Baxandall's legacy: ecology, healthful living, welcoming diversity, public land use, peace, activism.</i>	7:00	<b>Nude In Nature Explorations</b> - Mark Sadan <i>New works from festivals.</i>
1:00	<b>Body Painting Demonstration: Air Brush &amp; Hand Painting Techniques</b> - Carl Flick <i>Observe both air brush and hand painting techniques.</i>	7:00	<b>Introduction to the Night Sky</b> - Bruce Panuska <i>Observing, constellation recognition and motion of the stars and planets, sky-watching and star charts.</i>
1:00	<b>Play Reading Rehearsal</b> - Dan Hartley & Volunteer Cast <i>Perform in a reading of naturist plays.</i>	7:00	<b>Children's Activity: Movie</b> - Sandra Reamer
1:00	<b>Hair vs Bare</b> - Claudia Kellersch, Sue Hoffman <i>Which do you prefer? Hair? Bare? Where? There? Everywhere? Bald and ribald? Hirsure and cute? Join the debate.</i>	8-10:00	<b>A Time For Us Pop'era Concert</b> - Armand & Angelina <i>Combining classical influence and world-pop stylings, a unique genre called Pop'era using songs, stories and humor to inspire you to experience "Heaven on Earth".</i>
1:00	<b>Children's Activity: Bounce House</b> - Traci Walton	8:00	<b>Children's Activity: Campfire with S'mores</b> - Stephanie Reamer
2:00	<b>Raising Children as Naturists</b> - Sandra Reamer <i>The benefits and issues of raising children as naturists.</i>	9-12:00	<b>Campfire Drum Circle with Dancing</b> - Javier Wilches <i>Drum circle and bonfire with dancing.</i>
2:00	<b>Massage Therapists' Round Table</b> - Jonathan Shopiro <i>Professional massage therapists and people interested in massage therapy as a career discuss the problems and rewards of being both a naturist and a massage therapist.</i>	9:00	<b>The Law of Attraction - Applications</b> - Dev Blowers <i>Attraction techniques in your life - discussion.</i>
2:00	<b>Naturist Art Modeling</b> - Kat Kraft <i>Experiences &amp; demonstration as a figure model; bring drawing materials if you wish.</i>	10-12:00	<b>DJ Dance</b> - Don Sanborn
2:00	<b>Ipsalu Tantra</b> - Gabriele Germann <i>Exercises to open the upper chakras.</i>	<b>SATURDAY, 2/19/2010</b>	
2:00	<b>Bipolar Bares</b> - Julianne & Rich Pasco <i>Bipolar Disorder is a mental illness affecting millions of Americans. One woman's personal story of how she overcame bipolar disorder including a holistic approach to self-acceptance in which naturism played a key role.</i>	8:00	<b>Alcoholics Anonymous Meeting</b> - Dave Armstrong <i>Open discussion.</i>
2:00	<b>Children's Activity: Pool Games</b> - Frank Reamer	9-10:30	<b>GENERAL ASSEMBLY AND GROUP PHOTO</b>
3-5:00	<b>Group Massage</b> - Walter Loeb <i>Many loving hands giving to one. Bring mat if you have one.</i>	10:30-12:30	<b>Skin Cancer Screening</b> - Robyn Burris, PA
3:00	<b>Naturist Action Committee: The Politics of Children in Naturism</b> - Morley Schloss <i>The challenges to children's participation in naturism: youth camps, home nudity, photography of children, child protective services, adults-only sites and events.</i>	10:30-12:00	<b>Children's Activity: Slip 'N Slide</b> - Grey Vanaman
		10:30	<b>Attracting College Students</b> - Paul LeValley, Rich Oliver <i>Learn how a successful club does it, then get a student's perspective.</i>
		10:30	<b>Traditional QiGong: The 8 Piece Brocade</b> - Norma Mitchell <i>Traditional QiGong to get that Chi (energy) moving.</i>
		10:30	<b>The Naked Truth About Healthy Laughter</b> - Darrell & Nancy Casey <i>Laughing is good for creating and maintaining a healthy body. This is no joke! Come laugh with us and see</i>
		10:30	<b>Native Flute Playshop</b> - Armand & Angelina <i>Learn how simple this instrument is to master since all the notes are in tune with themselves so even those with no musical ability can play lovely melodies.</i>

11:30	<b>Grassroots Naturist Volunteerism</b> - Nicky Hoffman Lee <i>Ask not what The Naturist Society can do for you, ask what YOU can do for The Naturist Society.</i>	4:00	<b>Sacred Circle Dancing</b> - Karen Jasmine <i>Easy to learn sacred songs and dances that uplift and bless your heart, naturally overflowing to one another, and beyond.</i>
11:30	<b>Water Aerobics</b> - Barbara Sutton <i>Exhilarating hour of stretching, cardiac strengthening, noodle use, and deep breathing.</i>	4:00	<b>Children's Activity: Bounce House</b> - Traci Walton
11:30	<b>Gay Meet &amp; Greet</b> - Dave Armstrong <i>Get together for socializing and a grab bag of treats.</i>	5:00	<b>NAC/NEF Donor Reception</b>
11:30	<b>Poi Twirling</b> - Karen Jasmine <i>Develop awesome co-ordination and R/L brain unification as 2 balls on 2 strings spin mandalas around you in healing patterns of delight.</i>	5:00	<b>Alcoholics Anonymous Meeting</b> - Dave Armstrong <i>Open discussion.</i>
1-5:00	<b>Nude Photography Workshop</b> - Mark Sadan <i>Creative nude photography.</i>	5:00	<b>Environmental Issues in Florida</b> - John Koch <i>What is being done and/or advocated to protect and preserve Florida's natural environment?</i>
1:00	<b>Naturist Action Committee: Current Issues</b> - Morley Schloss <i>Trends in North America: anti-nudity legislation, adult entertainment ordinances, gaining and protecting clothing optional beaches, naturists on sex offender lists, topfree equality for women, sexting, naturist children. Current hot spots.</i>	7:00	<b>Coral Reefs &amp; Fish of Florida</b> - Bruce Panuska <i>A slide show of typical coral, sponges and colorful fish of Florida, the Bahamas and the Caribbean.</i>
1:00	<b>Play Reading Rehearsal</b> - Dan Hartley & Volunteer Cast <i>Perform in a reading of naturist plays.</i>	7:00	<b>Full Moon Ceremony</b> - Bonnie Hoag & Richard Clark <i>Join in ritual to release unwanted issues in your life.</i>
1:00	<b>Learn to Juggle</b> - Roni Lynn <i>Have fun in a hands on workshop. Success guaranteed.</i>	7:00	<b>Native Americans in Art</b> - Paul LeValley <i>Slide show of the nude and natural Noble Savage in art—from the Amazon, to high civilization in Mexico, to North America.</i>
1:00	<b>Children's Activity: Bounce House</b> - Traci Walton	7:00	<b>Children's Activity: Dance</b> - Sandra Reamer
2:00	<b>Florida Legislative and Political Action Report</b> - Richard Mason <i>Saving Free Beaches in spite of beach user support.</i>	8-12:00	<b>Naturist Videos</b>
2:00	<b>Poi Flag Twirling</b> - Glynna Deaner <i>Develop right/left brain balance as flags circle around you in mesmerizing mandalas.</i>	8-10:00	<b>Faerie Elaine in Concert</b> - Faerie Elaine Silver, James Alexander <i>An evening with award-winning performer and recording artist Faerie Elaine.</i>
2:00	<b>Eating Healthy: Sprouts</b> - John & Dakota Dodge <i>The most complete and healthy foods are still living, filled with magical nutrients; nature has packaged them under the brand name "Seeds &amp; Nuts" - your can opener: water.</i>	8:00	<b>Children's Activity: Campfire with S'mores</b> - Stephanie Reamer
2:00	<b>Who Are You?</b> - Bess Mae Jones <i>By sharing the wonder within we learn about the person we are. These are called, "Life Cycle Stories". Share such stories and how each telling helped us to become the person we are today. Laugh, learn, and grow; life is a discovery.</i>	9-12:00	<b>Campfire Drum Circle with Dancing &amp; Fire Spinning</b> - Cliff, Glynna Deaner, Karen Jasmine <i>Drum circle and bonfire with dancing &amp; fire spinning.</i>
2:00	<b>Children's Activity: Pool Games</b> - Frank Reamer	10-12:00	<b>DJ Dance</b> - Don Sanborn
3-4:30	<b>Naturist Photography for Photographers &amp; Models</b> - Carl Flick <i>Basic lighting and composition for naturist photography.</i>	<u>SUNDAY, 2/20/2010</u>	
3:00	<b>Haulover Beach Ambassadors</b> - Clyde Lott, Norma Mitchell, Ken Tauer <i>We're recruiting! Did you know BA's get free parking? Find out what we do and how to qualify to join our ranks.</i>	8:00	<b>Alcoholics Anonymous Meeting</b> - Dave Armstrong <i>Open discussion.</i>
3:00	<b>Communicating With Love</b> - Faerie Elaine Silver, James Alexander <i>Faerie Elaine and James Beloved of the Fey share their love and devotion as a couple, how the Law of Attraction helped bring them together. Share your stories.</i>	9-12:00	<b>New Nude Photography Nuturing Critique</b> - Mark Sadan <i>Nurturing critique of ongoing works.</i>
3:00	<b>Ritual &amp; Circle Etiquette</b> - Bonnie Hoag & Richard Clark <i>So you have decided to attend a Pagan ceremony; learn the basic etiquette of circle ritual.</i>	9:00	<b>Florida Naturist Groups: Sharing Information, Developing Strategies</b> - Bare Buns Bikers, B.E.A.C.H.E.S., Central Florida Naturists, Emerald Coast Naturists, Florida Association for Nude Recreation, Florida Keys Naturists, Florida Young Naturists, Friends of Playalinda, the Naturist Action Committee, Sanibel Naturists, South Florida Free Beaches, Suncoast Naturists, Tallahassee Naturally, Tampa Area Naturists, Wildfire Society
3:00	<b>Children's Activity: Ice Cream Social</b> - Bridget Vanaman	9:00	<b>West African Drum Class</b> - John & Dakota Dodge <i>Learn the rhythm parts that create an African dance. Play in the following African dance class.</i>
4:30-5:30	<b>Art vs Nudist Photography</b> - Grey Vanaman <i>View various nudist, artistic, and glamorous nudes and discuss the differences and similarities.</i>	9:00	<b>Polyfidelity: A New Model for Strong Happy Families</b> - Claudia Kellersch <i>The differences between polyamory &amp; polyfidelity, various family relationships that guarantee stability and bliss.</i>
4:00	<b>Is Nudity Ever Inappropriate?</b> - Tom & Marilyn Pine <i>Many say that we should practice our naturism in appropriate places, but when and where? Is our nudity ever inappropriate?</i>	9:00	<b>Yoga Therapy</b> - Susan Shopiro <i>A gentle routine and positions or asanas designed to address injuries, illnesses and other issues.</i>
4:00	<b>Watsu</b> - Barbara Sutton <i>Relaxing partner water massage. Limited space.</i>	9:00	<b>Children's Activity: The Magic of Art &amp; Crafts</b> - Roger Byrd <i>Using art for positive creative expression.</i>
		10:00	<b>Where To Go Nude In Florida</b> - Carl Flick <i>A collaborative information sharing session with detailed maps of locations.</i>
		10:00	<b>Traditional QiGong: The 8 Piece Brocade</b> - Norma Mitchell <i>Traditional QiGong to get that Chi (energy) moving.</i>
		10:00	<b>West African Dance Class</b> - John & Dakota Dodge <i>Basic African dance movements.</i>
		10:00	<b>Ipsalu Tantra</b> - Gabriele Germann <i>Exercises to open the upper chakras.</i>

10:00	<b>Children's Activity: Knot Tying</b> - Blair Brumley	4:00	<b>Florida Young Naturists</b> - Kat Kraft, Mark Marazita <i>Who we are &amp; what we're up to.</i>
11:00	<b>Nudist Personal Connections That Last</b> - Jerry Dixon <i>Share your personal experiences.</i>	4:00	<b>Watsu</b> - Barbara Sutton <i>Relaxing partner water massage. Limited space.</i>
11:00	<b>How To Set Up An Authentic Greek Pentathlon At Your Club</b> - Paul LeValley, Rich Oliver <i>How Tallahassee Naturally runs its annual College Greek Athletic Meet; try your hand at each of the five events: long jump, discus, 200-yard dash, javelin, and stand-up wrestling. Open to male and female athletes and non-athletes of all ages.</i>	4:00	<b>Better Family Photography: Basic Camera Controls</b> - Grey Vanaman <i>Improve your skills as family photographer: learn about the basic camera controls and how cameras record images.</i>
11:00	<b>Water Aerobics</b> - Barbara Sutton <i>Exhilarating hour of stretching, cardiac strengthening, noodle use, and deep breathing.</i>	4:00	<b>Parade Preparation for Children &amp; Adults</b> - John & Dakota Dodge <i>Get ready for the big parade with body painting, drumming, dancing and puppet making.</i>
11:00	<b>Past Life Regression</b> - Maggie Martz <i>Discover who you were &amp; how it affects you today.</i>	5:00	<b>Naturist Society Youth Camp</b> - Sandra Reamer <i>Learn about a valuable and fun experience for naturist children.</i>
11:00	<b>Children's Activity: Slip 'N Slide</b> - Grey Vanaman	5:00	<b>Alcoholics Anonymous Meeting</b> - Dave Armstrong <i>Open discussion.</i>
1:00	<b>The Happy Naturist</b> - Wib & Pat Daley <i>Positive naturist practice skills: Avoiding hassles, gaining greater acceptance from friends and family, and just having more fun!</i>	5:00	<b>Love is a Miracle: Human Awareness Institute Information</b> - Richard Anderson, Bridget Trinkle <i>Question and answer session for anyone who attended the Love and Intimacy HAI workshop at 3 PM or anyone wanting to learn about HAI. HAI grads welcome.</i>
1:00	<b>Discovering Your True Self</b> - Tom & Marilyn Pine <i>A fun "test" to determine your personality type. Complete an easy questionnaire. Your answers will determine your personality "type" and guide participants toward better interpersonal relationships. Pick up from and return questionnaire to NAC/Hospitality tent.</i>	5:00	<b>Everglades Restoration</b> - John Koch <i>A progress report on efforts to restore the Everglades.</i>
1:00	<b>Kirtan</b> - Amy Forman <i>Hindu call and response chant with one person leading the group.</i>	7-9:00	<b>The Law of Attraction</b> - Dev Blowers <i>"The Secret" movie and discussion.</i>
1:00	<b>Play Reading Rehearsal</b> - Dan Hartley & Volunteer Cast <i>Perform in a reading of naturist plays.</i>	7:00	<b>Portraits in Nature</b> - Grey Vanaman <i>Nudist photography from Sunsport Garden's resident photographer.</i>
1:00	<b>Children's Activity: Parachute Games</b> - Kat Kraft <i>Come feel the love and energy; come fly away.</i>	7:00	<b>A Snorkle/Dive Cruise In The Bahamas</b> - Bruce Panuska <i>Discussion to assess interest in a charter cruise for naturists interested in experiencing/learning about the tropical environment.</i>
2:00	<b>Naturism In Poland</b> - Barbara Moszynski <i>Clothesfree recreation in Poland today.</i>	8-10:00	<b>Children's Activity: Pool Party</b> - Sandra Reamer
2:00	<b>Centered In Sacred Geometry Poi Twirling</b> - Karen Jasmine <i>Develop awesome co-ordination and R/L brain unification as 2 balls on 2 strings spin mandalas around you in healing patterns of delight.</i>	8:00	<b>Chasing the Divine: Richard Shulman &amp; Faerie Elaine In Concert</b> <i>An evening of heartfelt healing songs and improvisations.</i>
2:00	<b>Make a Pair of Earrings</b> - Maureen Grady <i>Beads provided. Pick your colors &amp; create your earrings.</i>	9-12:00	<b>Children's Activity: Campfire with S'mores</b> - Stephanie Reamer
2:00	<b>Tantric Harmony</b> - Darrell & Nancy Casey <i>Introduction to Tantra using music, to get us into our "right mind" as we begin to connect with each other.</i>	9:00	<b>Campfire Drum Circle With Dancing</b> - John & Dakota Dodge <i>Drum circle and bonfire with dancing.</i>
2:00	<b>Pudding Toss for Children &amp; Adults</b> - Morley Schloss <i>Messy, gooey free-for-all.</i>	10-12:00	<b>The Law of Attraction - Applications</b> - Dev Blowers <i>Attraction techniques in your life - discussion.</i>
2:30	<b>Children's Activity: Pool Games</b> - Frank Reamer	10-12:00	<b>DJ Dance</b> - Don Sanborn
3-5:00	<b>Creating More Love &amp; Intimacy (Human Awareness Institute)</b> - Bridget Trinkle, Richard Anderson, Julianne & Rich Pasco <i>Explore ways of being with others that are satisfying and nurturing, with the potential of moving through pretense and protective behaviors that prevent us from receiving and giving love.</i>	10-12:00	<b>Commune (movie)</b> - Jack Arnold <i>The story of Black Bear Ranch, the 'hippie' experiment in reshaping the world.</i>
3:00	<b>Professors &amp; Researchers Naturist Society SIG</b> - Paul LeValley <i>Opportunity for current and prospective SIG members to meet and for the curious to find out what this SIG is doing.</i>	<b>MONDAY, 2/21/2010</b>	
3:00	<b>The Graying of Naturism</b> - George Winlock <i>Everyone is talking about the graying of nudists, but were we close to gray to begin with? What is your TNS membership number?</i>	8:00	<b>Alcoholics Anonymous Meeting</b> - Dave Armstrong <i>Open discussion.</i>
3:00	<b>Pilates</b> - Glynnia Deaner <i>Stretch and find your core. Bring mat or towel.</i>	9:00	<b>Nudist Lifestyles That Bring Contentment</b> - Jerry Dixon <i>Share your experiences.</i>
3:00	<b>Hoop Dancing</b> - Roni Lynn <i>Hula hooping for beginners.</i>	9:00	<b>Yoga For Bone Health</b> - Susan Shopiro <i>Yoga practice for people that have postural or bone health issues.</i>
3:00	<b>Children's Activity: Ice Cream Social</b> - Bridget Vanaman	9:00	<b>Healing Brazilian Crystals</b> - Ruthie Rosenfeld <i>The connection between the Earth and your innerself through the healing energies of crystals found deep within the mountains of Brazil.</i>
		9:00	<b>Beautiful Skin: Natural Lotions, Potions, Oils</b> - Laura Wiist <i>Finest skin treatments made with simple household products. Prepare and take home samples: body, face, foot and hand care.</i>
		9:00	<b>Children's Activity: We're All Different &amp; Perfect</b> - Morley Schloss, Claudia Kellersch

- 10:00 **Naturist Vacation Roundup** - Jonathan Shopiro  
*Brief descriptions of vacation options. If you'd like to give a short talk on somewhere you've been, email jonathan@shopiro.com.*
- 10:00 **Facebook** - Nicky Hoffman Lee  
*See how this social networking craze can help boost knowledge & interest in the naturist lifestyle.*
- 10:00 **Earth Celebration Circle** - Jan & Roger Byrd  
*Celebrate Nature honoring Mother Earth, Father Sky and the Four Directions.*
- 10:00 **Live Food Desserts** - John & Dakota Dodge  
*Have fun making & tasting live food desserts. (donation if you eat).*
- 10:00 **Clay Sculpture for Adults & Children** - Wyatt Warren  
*Sculpt human figure or whatever you like.*
- 11:00 **Telling Friends, Families & Others** - George Winlock  
*Have you told people that you enjoy naturism? How did you tell them or why haven't you done so?*
- 11:00 **Seeing All of Me** - Morley Schloss, Claudia Kellersch  
*Should observing body parts usually concealed be as acceptable as observing faces? Experiential exercises.*
- 11:00 **Water Aerobics** - Darleen Ridenhour  
*Exhilarating hour of stretching, cardiac strengthening, noodle use, and deep breathing. Limited to first 15.*
- 11:00 **Native Flute Playshop** - Armand & Angelina  
*Learn how simple this instrument is to master since all the notes are in tune with themselves so even those with no musical ability can play lovely melodies.*
- 11:00 **Children's Activity: Body Painting** - Kat Kraft, Mark Marazita
- 1-3:00 **Recreating Relationships** - Darrell & Nancy Casey  
*Explore responsible non-monogamy and polyamory. Music and laughter are part of this mostly experiential program.*
- 1:00 **Naturist Action Committee: Area Representative Program** - Dave Armstrong, Jack Arnold, Barb Crumb, Pat Daley, Wib Daley, Jerry Dixon, Claudia Kellersch, Rich Pasco, Tom Pine, Morley Schloss, Jonathan Shopiro, Larry Weil  
*NAC Area Reps describe their roles in protecting naturist rights; how you can help.*
- 1:00 **Play Reading Rehearsal** - Dan Hartley & Volunteer Cast  
*Perform in a reading of naturist plays.*
- 1:00 **Toxic Plants Hike** - Mitch Flinchum  
*Identify plants that may be harmful to you or your animals.*
- 1:00 **Tie Dye for Children & Adults** - Traci Walton  
*Basics of tie dying a t-shirt or towel. Use one provided (adults \$5, children free) or bring your own.*
- 2:00 **Nude Recreation: A Naked Myth?** - Wib & Pat Daley  
*Is "The Way" to body acceptance and the promotion of naturism in part responsible for declining membership? Is it time for a new mantra?*
- 2:00 **The Next 30 Years: Growing Young** - Richard Anderson  
*Visualization & discussion about living life larger, louder, longer, easier, clearer, fuller, simpler ... all this and more.*
- 2:00 **Calling the Circle** - Jack Arnold  
*We will call a circle and discover its power to help us implement the changes necessary to rebuild the earth.*
- 2:00 **Being a Cancer Survivor: How Has This Changed Your Outlook On Life?** - Larry Weil  
*An open discussion with cancer survivors sharing how their outlook on life has been changed by their cancer experience.*
- 2:00 **Children's Activity: Pool Games** - Frank Reamer
- 3-5:30 **Gentle Massage For Health & Longevity** - Jerry Dixon  
*Simple techniques for everyone. Bring a large towel.*
- 3:00 **Naturism In Mainstream Television** - Rich & Julianne Pasco  
*Naturists are portrayed by various television media as anywhere from normal people choosing a valid recreational option to weirdo kooks. See recent video clips and discuss how mainstream TV has portrayed naturism in the past few years.*
- 3:00 **Naturist Art Modeling** - Kat Kraft  
*Experiences & demonstration as a figure model; bring drawing materials if you wish.*
- 3:00 **Musical Soul Portraits** - Richard Shulman  
*Following your Divine connection through music.*
- 3:00 **Children's Activity: Ten Foot Sundae** - Sandra Reamer
- 4:00 **Changes In Naturism: Past & Future** - George Winlock  
*What changes have you seen in nudism since you first started being a nudist? Where do you think you or nudists in general will be 5 to 10 years from now?*
- 4:00 **Prevention & Healing: What They Have In Common** - Isolde Boutwell  
*Natural healing costs only time and effort; for every year you have had the illness, count 1 month of healing time.*
- 4:00 **Native Flute Concert** - Frank Reamer  
*Armand plays his Native American Flute songs and Angelina plays classical guitar and rainstick while sharing her angelic voice.*
- 4:00 **Parade For Children & Adults** - John & Dakota Dodge  
*Make masks - make music - dance & walk - have fun being a spirit.*
- 5:00 **2011: Year of Making Waves** - Nicky Hoffman Lee  
*Power Point presentation on important wavemakers throughout TNS history.*
- 5:00 **Alcoholics Anonymous Meeting** - Dave Armstrong  
*Open discussion.*
- 7-9:00 **Independent America (movie)** - Jack Arnold  
*A requirement for rebuilding the earth is the resurrection of the local community. The search for "Independent America", a place populated by hardy souls fighting to remain independent in a land smothered by big box stores and fast food chains.*
- 7:00 **Naturist Play Reading** - Dan Hartley & Volunteer Cast  
*Staged reading of two one act plays with naturist themes.*
- 8-10:00 **Variety Show** - Grey Vanaman  
*Your chance to shine.*
- 9-12:00 **Campfire Drum Circle With Dancing** - John & Dakota Dodge  
*Drum Circle and bonfire with dancing.*
- 10-12:00 **Karaoke & Dance** - Becky Elliot
- TUESDAY, 2/22/2010**
- 8:00 **Alcoholics Anonymous Meeting** - Dave Armstrong  
*Open discussion.*
- 9:00 **CLOSING FRIENDSHIP CIRCLE**
- 10-5:00 **Canuding Trip** - Morley Schloss  
*Explore the magical tropical jungle Loxahatchee River paradise. (\$12.50 per person for canoe rental).*
- 10-5:00 **Haulover Beach Trip** - John Koch  
*Visit Florida's premier clothing-optional beach.*
- 10-5:00 **Deepening Intimacy Through SkyDancing Tantra** - Darrell & Nancy Casey  
*This workshop, based on Margot Anand's Skydancing Tantra carefully builds a container of safety. Awaken your senses and heal sexual wounds as you bring the sacred into your love life. Discover and communicate how you like to be loved. Discover how to integrate Tantra into your daily life. Expand to new horizons of ecstasy and bliss, as you let go of old limitations. Music and humor add joy and laughter to this experiential workshop. Open to couples or singles. Participants receive skills and tools so that they can continue to practice what they've started at home. Workshop Music will be available for purchase at a reduced price. (\$45/person)*